

# INFORMATION ABOUT THIS WEBSITE AND CONTACT ADDRESSES

This website is being prepared by a number of friends in order to make Godwin's teaching available to a wider audience. The webmaster on the site is Anandajoti Bhikkhu ([anandajoti@gmail.com](mailto:anandajoti@gmail.com)), who made some of the earliest recordings of dialogues with Godwin; if you have any questions or remarks about the presentation of the site please write to Anandajoti.

The main editor on the site is Ms. Jeanne Mynett ([jeannemynett@gmail.com](mailto:jeannemynett@gmail.com)), one of Godwin's long-term students, who has been resident at the Nilambe Meditation Centre for most of the time since 1990. If you have any questions about the content please write to Jeanne.

\* \* \*

Godwin had a centre in Sri Lanka which is located at Nilambe, in the mid-Hills above Kandy. The centre has a number of resident teachers, and a well balanced schedule, including meditation, yoga, and discussions in the evenings. For more information about the centre, see [www.nilambe.org](http://www.nilambe.org).

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All other documents are also copyrighted by the editor. They may be reformatted and published on other websites, providing the source is acknowledged and a link is written to this website.

## BLOG AND FACEBOOK

There is now [a blog](#) which publishes excerpts, mainly garnered from this website, including quotes from his talks, audios and other related materials and a related [Facebook Page](#).

## **GODWIN MEMORIAL FUND**

The Godwin Memorial Fund was set up in memory of our teacher, Godwin Samararatne, who resided and taught at the Nilambe and Lewella meditation centres outside Kandy, Sri Lanka, until his death in March 2000. We strive to continue giving help to people in need in the Kandy area, as Godwin did so generously in his lifetime.

Currently we are focussing our efforts on supporting poor families and sick and elderly people in need in and around Kandy. We presently support 12 families and 17 sick and elderly people with monthly payments amounting to around GBP 150, Euros 190 or USD \$270 (approx. 33,000 Sri Lankan Rupees) per month.

Most of the families we help are without a breadwinner due to death or disability, or are caring for a severely disabled child or adult. The sick need money to purchase their medicines, and the elderly lack adequate family support and frequently have to resort to begging from neighbours. We collect full family details before we decide to support a family or person.

We also run a project supplying used spectacle frames from abroad to poorer people locally who cannot afford the full cost of glasses. Mostly we also pay for the lenses to be prescribed and fitted, with the generous help of the local opticians. This can be of vital help to those who would otherwise be left with defective vision.

To find out more about us and the work we do, please visit our new website [Godwin Memorial Fund](#).

## PUBLICATIONS

There are now a number of publications available in various languages containing Godwin's talks:

### ENGLISH:

**Working with Emotions on Audio CD**, (Nilambe Deshana Publication Board, 2014).

**Godwin's Talks on Audio CD**, (Brickfields Maha Vihara, Kuala Lumpur, 2012/3).

**The Gentle Way of Buddhist Meditation**, a re-presentation of Godwin's Retreat Talks in Hong Kong, 1997, by Jeanne Mynett (2nd Edition, Brickfields Maha Vihara, Kuala Lumpur, 2012).

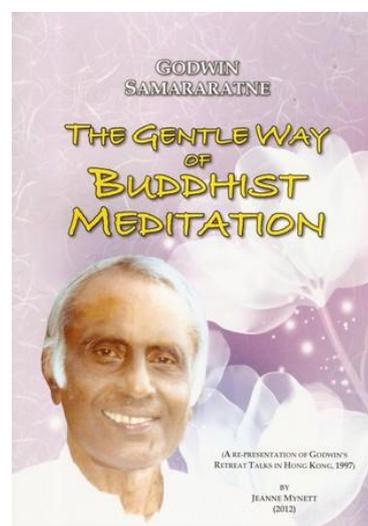
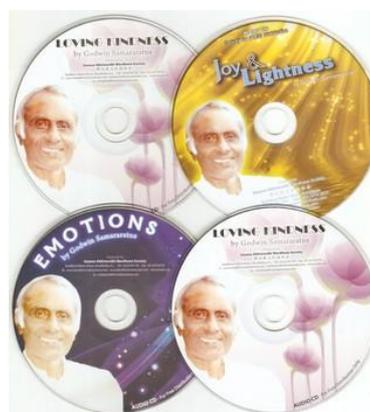
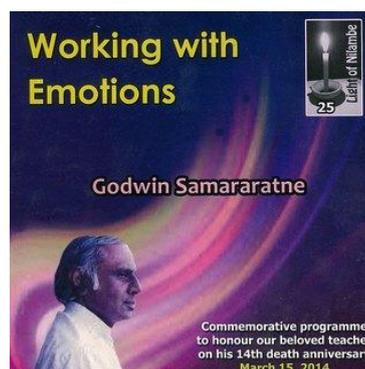
**A Beautiful Way of Living**, edited version of Remembering Godwin. (Buddhist Publication Society, 2011).

**Remembering Godwin**, a selection of talks by Godwin Samararatne and some appreciations of his life and teachings, edited and compiled by Dennis Candy and Sampath Dissanayake. (Nilambe Buddhist Meditation Trust Board, 2010).

**Discovering Meditation**, retreat talks in the Waldhaus, Germany in 1996, 2nd edition edited by Jeanne Mynett and Esther Thien (Awaken Publications, Singapore, 2009). Visit the Awaken publications website; or write to Awaken Publications, Phor Kark See Monastery, 88 Bright Hill Road, Singapore.

**Learning through Meditation**, Retreat Talks in Holland in 1996 & 1998, transcribed and edited by Peter van Leeuwan, revised by Jeanne Mynett (Nilambe Buddhist Meditation Center Trust Board, 2009).

**The Gentle Way of Buddhist Meditation**, a re-presentation of Godwin's Retreat Talks in Hong Kong, 1997, by Jeanne Mynett (Inward Journey Books, Penang, Malaysia, 2007). Visit the [Inward Path](#) website; or write to House of Inward Journey, 35 Lebuh Batu Maung 8,



Iping Garden, 11960 Bayan Lepas, Penang, Malaysia.

**Meditation for Everyday Life**, retreat talks given by Godwin Samararatne at the Waldhaus, Germany in 1998, edited by Jeanne Mynett (Buddhist Cultural Centre, Colombo, Sri Lanka, 2006). Visit [Buddhist Cultural Centre](#) for on-line ordering information; or write to Buddhist Cultural Centre, 125, Anderson Rd., Nedimala, Dehiwela, Sri Lanka.

**Talks on Buddhist Meditation**, by Godwin Samararatne (BPS Wheel No 448-449, 2001). Visit [www.bps.lk](http://www.bps.lk) for ordering information; or write to B.P.S., P.O. Box 61, 54 Sangharaja Mawatha, Kandy, Sri Lanka.

**OTHER:**

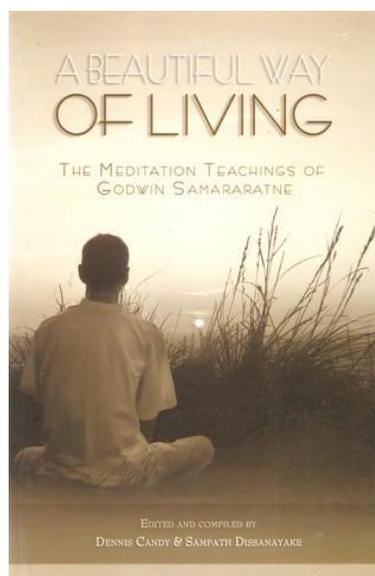
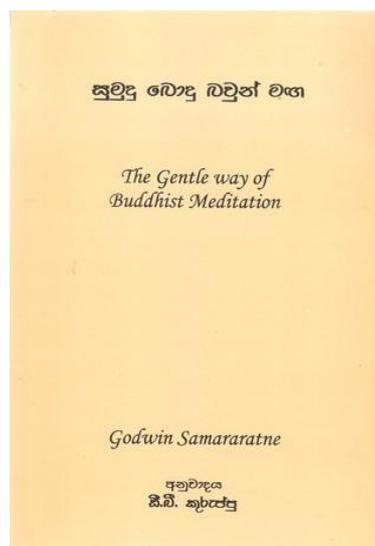
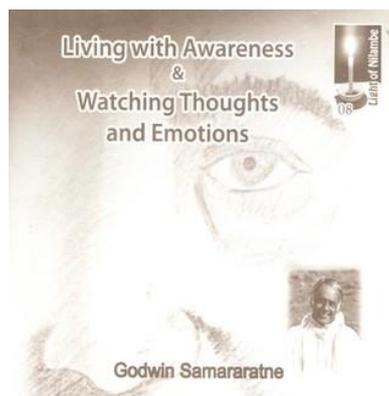
"**Watching thoughts and emotions**", in *The Meditative Way: Readings in the theory and practice of Buddhist meditation*, edited by Rod Bucknell and Chris Kang (Curzon Press, 1997; pp 136-145). Visit [www.routledgecurzon.com](http://www.routledgecurzon.com) for ordering information; or write to RoutledgeCurzon, 29 West 35th Street, New York NY, USA.

"**Seeing Emptiness**", in *Buddhist Studies in Honour of Venerable Kirindigalle Dhammaratana*, edited by Sumana Ratnayaka (The Felicitation Committee, Vidumina Pirivena, Pujapitiya, Sri Lanka, 2006; pp 191-198).

A volume of essays in honor of Godwin Samararatne: **Approaching the Dhamma: Buddhist Texts and Practices in South and South-East Asia**, by Anne Blackburn and Jeffrey Samuels (BPS Pariyatti Editions). See [www.pariyatti.com](http://www.pariyatti.com) ; or write to BPS Pariyatti Editions, P.O. Box 15926. Seattle WA 98115, U.S.A.

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The whole website has just been republished for the *third* time, to celebrate Godwin's 11th



anniversary on a CD which is always titled **Sharing the Dhamma**. It has previously been published by Inward Journey Books, Penang, Malaysia, in 2007, and the 2nd time by Than Hsiang Temple in Penang. Note that we always make the website available for [download](#) anyway.

**SINHALA:**

**Godwin Samararatne: සුමුදු බොදු බවුන් (The Gentle Way of Buddhist Meditation)** (retreat talks in Hong Kong, 1997) (Kandy, 2011).

**Godwin Samararatne: භාවනාව අන්වීක්ෂමෙන් අවබෝධයට (Discovering Meditation)** (retreat talks in the Waldhaus, Germany in 1996) (Kandy, No Date).

**Godwin Samararatne: කැපිපතක අසිරිය** (Kandy, 2011).

**GERMAN:**

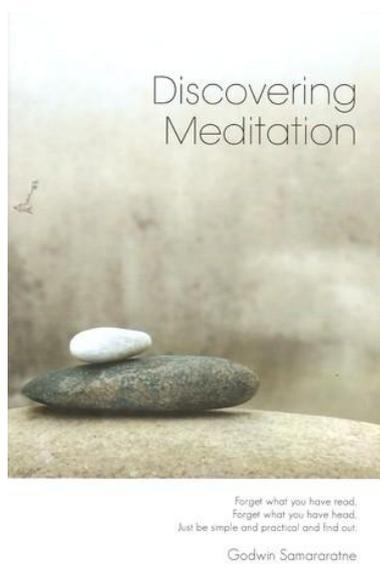
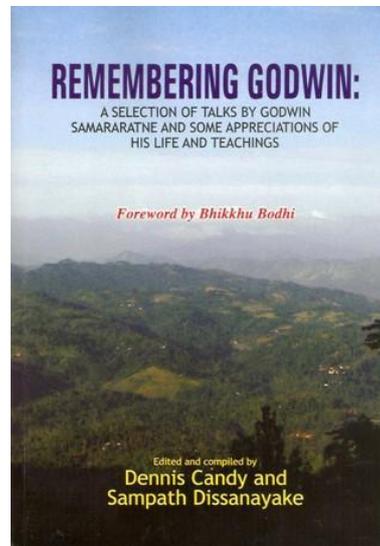
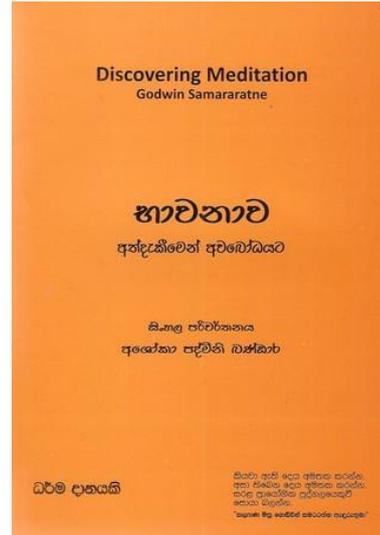
**Godwin Samararatne: Lebendig Durch Achtsamkeit.** Anleitungen zur Meditationspraxis ( Waldhaus-Verlag, 2005). Contact Heimschule 1, D-55645 Nickerich, Deutschland; or visit [www.buddhismus-im-westen.de](http://www.buddhismus-im-westen.de).

**CHINESE (WWW.GODWIN.ORG.HK):**

**柔悠禪修路 Godwin Samararatne: Meditation** (translation of Godwin's 1995 Hong Kong talks).

**一起來走禪修路 Godwin Samararatne: Let's Meditate** (translation of Godwin's 1997 Hong Kong talks published in English as Living Meditation).

**生命是吾師 Godwin Samararatne: Life is our best teacher** (translation of Godwin's 1998 Hong Kong talks published in English as The



Gentle Way of Buddhist Meditation).

**REINCARNATION STUDIES:**

Emily Williams Cook, Satwant Pasricha, Godwin Samararatne, U Win Maung, Ian Stevenson: "**Review and analysis of 'unsolved' cases of the reincarnation type. I. Introduction and illustrative case reports**". Journal of the American Society for Psychical Research. 77 (1983), pp. 45-62.

Emily Williams Cook, Satwant Pasricha, Godwin Samararatne, U Win Maung, Ian Stevenson: "**Review and analysis of 'unsolved' cases of the reincarnation type. II. Comparison of features of solved and unsolved cases.**" Journal of the American Society for Psychical Research. 77 (1983) pp. 115-135.

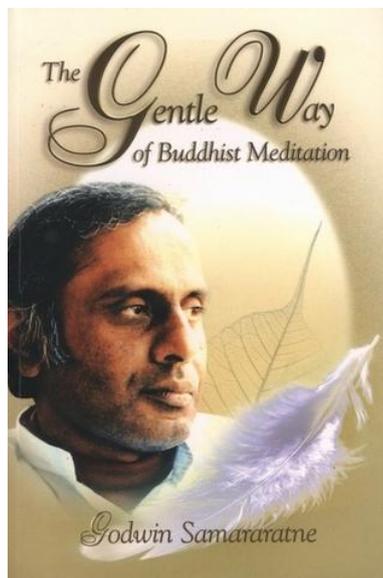
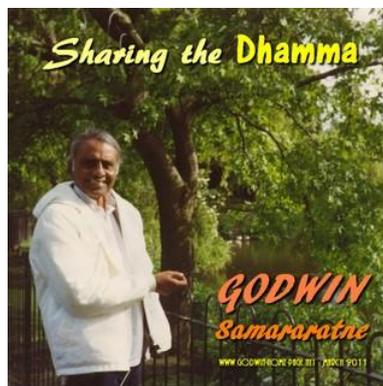
Ian Stevenson, Godwin Samararatne: "**Three new cases of the reincarnation type in Sri Lanka with written records made before verification.**" Journal of Nervous and Mental Disease. 176 (1988).

Ian Stevenson, Godwin Samararatne. "**Three new cases of the reincarnation type in Sri Lanka with written records made before verification.**" Journal of Scientific Exploration. 2 (1988) (Abstract, Portuguese translation), pp. 217-238

Ian Stevenson, Satwant Pasricha, Godwin Samararatne: "**Deception and self-deception in cases of the reincarnation type. Seven illustrative cases in Asia.**" Journal of the American Society for Psychical Research. 82 (1988), pp. 1-31.

Erlendur Haraldsson, Godwin Samararatne: "**Children who speak of memories of a previous life as a Buddhist monk. Three new cases.**" Journal of the Society for Psychical Research. 63 (1999), pp. 268-291.

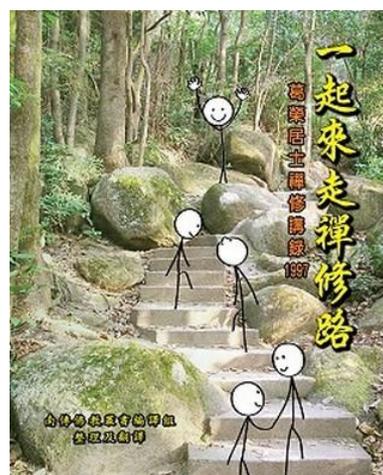
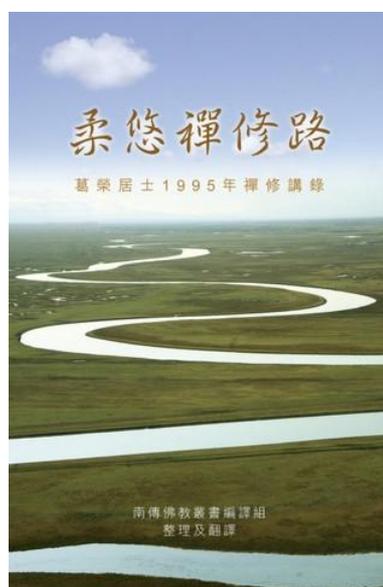
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There is still some material that needs re-editing, and the intention is to prepare and publish it in future editions of this website.

Anyone wishing to help with the translation work should contact us first so that efforts in this regard are co-ordinated. For similar reasons anyone wishing to make a hard-copy publication should also contact us first.

We would welcome any further tapes, transcripts, articles, letters, or photographs which people might have to add to this website.



INFORMATION

